



A "Manor" of Speaking MARIAN MANOR

5345 Marian Lane, Virginia Beach, VA 23462 • marian-manor.com • 757-456-5018

Resident Father Charles Breindel (middle) takes center stage, and resident Helen Meima enjoys a special serenade.



An Evening of Melodies & Merriment

More than 150 residents, family members, and friends were transported back to the golden days of rock 'n' roll, R&B, and Motown during our first performance of the "Under the Blue Sky" concert series!

The talented entertainers of the Vocal Group Fond Memories performed popular songs from the 50s, 60s, and 70s – and kept toes tapping all night long. The evening of melodies warmed hearts and lifted spirits as we celebrated being able to sing and dance together again (and being able to see smiles!).

Resident Father Charles Breindel joined the group for a couple of numbers and resident Helen Meima received a special serenade. The evening ended with a finale of patriotic tunes. Many thanks to John, Chuck, Frank, Allison, and Sandy (and their sound manager Keith!) from the Vocal Group Fond Memories!

A packed house – residents, family, and friends enjoy a concert by the Vocal Group Fond Memories under the blue sky!





Ready, aim, click!

Our resident photographers love the outdoors, and we love seeing the beauty of nature through their eyes when we view their beautiful photographs!

During a couple's photography class, Mr. and Mrs. Shingleton carefully zoomed in on their favorite flowers - beautiful white azaleas and purple irises. They joined other members of our photography club in a friendly "Prettiest Flower" photo competition, and the winner was Jo Clarke with her breathtaking photo "Glowing Camilla!"

Be sure to visit our art gallery wall to enjoy the photography that our talented residents have captured.



*Resident Joyce Clarke's winning photograph:
"Glowing Camilla!"*

Residents Mr. and Mrs. Shingleton capture beautiful flowers during photography class.

One of the many beautiful images captured by the Shingletons during the couple's photography class.



Introducing TSOLife Technology designed to enrich the lives of our residents!

We are committed to enhancing our residents' quality of life, which is why we are thrilled to partner with TSOLife to leverage the power of technology to deliver purpose-driven programming and individualized experiences to our residents.

We begin with one-on-one interviews where we gain a deeper understanding of each resident so we can tailor their experience at Marian Manor. Information is collected in a digital profile and used to connect residents to what is meaningful to them – including favorite activities, residents with similar interests, and even reminders when their favorite sports team plays!

From personal preferences to hobbies and activities, each person's interests are unique. We get to know each person on an individual level and use these insights to create a fulfilling life at Marian Manor.

To learn more about our new partnership with TSOLife, please visit marian-manor.com/tsolife or call us today!



Safety Reimagined

Continuing to protect our residents

Times change, but not our commitment to your loved ones.

Our first priority has always been – and will always remain – to protect the health and safety of our residents and staff. We are committed to keeping our community clean and safe, which is why we are continuously enhancing our sanitation protocols and life safety programs as improved technology and new information become available.

Here are a few of the protection features and infection control protocols, both new and old, that help us safeguard our residents' and team members' comprehensive well-being:

- **New! Patented Bipolar Ionization Technology** that safely cleans indoor air and reduces infectivity of certain viruses by more than 90% by creating and releasing ions into the airstream. These ions attach to particles (such as dust, dander, pollen, smoke, and even pathogens such as mold, viruses, and bacteria) and become larger, making them more easily filtered. The technology delivers indoor air that is free of ozone and other harmful byproducts, thereby lowering our carbon footprint while reducing airborne particulates, odors, and pathogens.
- **Our Specialized Infection Control and Prevention Team** continues to monitor and implement all guidance and recommendations from local, state, and national health agencies.
- **Continued utilization of innovative electrostatic spray technology** such as Clorox Total 360® to kill COVID-19 (on hard, nonporous surfaces), cold and flu viruses, norovirus, MRSA, and more than 40 additional pathogens.
- **Implementation of additional touchless technology** throughout the community, including entrances and restrooms.
- **Refined protocols** for storage and distribution of personal protective equipment (“PPE”).
- **Continued screenings for all staff and visitors** entering the community (temperature taken, travel and symptom questions, etc.).
- **Our Physical/Life Safety Programs and Systems** remain a critical component of our commitment to comprehensive safety, including but not limited to fire suppression and sprinkler systems, a full-building generator, security cameras and secure entrances/exits, and pull cords in every resident apartment.



The Coordinated Services Management Community Family

Our Lady of the Valley

*Assisted Living,
Intermediate & Skilled Nursing Center*
Roanoke, Virginia • 540-345-5111

Our Lady of Hope

*Assisted Living, Alzheimer's Center,
Intermediate & Skilled Nursing Center*
Richmond, Virginia • 804-360-1960

Our Lady of Peace

*Residential Living, Assisted Living,
Nursing Center, Alzheimer's Center*
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help

*Extensive Assisted Living,
Alzheimer's Center, Nursing Center*
Virginia Beach, Virginia • 757-495-4211

Potomac Place

*Assisted Living,
Enhanced Assisted Living,
Alzheimer's and Dementia Center,*
Woodbridge, Virginia • 703-494-3817

Tall Oaks at Reston

Assisted Living, Alzheimer's Center
Reston, Virginia • 703-834-9800

St. Mary's Woods

Retirement Community
Richmond, Virginia • 804-741-8624

Dunlop House

Assisted Living, Alzheimer's Center
Colonial Heights, Virginia • 804-520-0050

Chesterbrook Residences

Assisted Living
Falls Church, Virginia • 703-531-0781

Mennowood

*Independent Living, Assisted Living,
Memory Care*
Newport News, Virginia • 757-249-0355



FORE!

Resident Vince Mascitti enjoys the beautiful weather while soaking up sunshine and vitamin C on the greens here at Marian Manor. Just look at that golf swing! This is Vince's favorite place at Marian Manor, and he loves practicing his swing every day. Come visit us to see how you can join Vince and enjoy the country club lifestyle at Marian Manor!



Marian Manor is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
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Live the Charmed Life!

*Offering Assisted Living and
Intensive Assisted Living*

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Pet Friendly

