



# A "Manor" of Speaking MARIAN MANOR

5345 Marian Lane, Virginia Beach, VA 23462 • [marian-manor.com](http://marian-manor.com) • 757-456-5018

## How Our Garden Grows

A small but dedicated team of residents recently added new plants to our raised gardening bed, which was built and painted by our Men's Club. Our residents look forward to sharing the fruits — or herbs, in this case! — of their labor with our dining team to be incorporated into seasonal summer dishes.

*Shirley Baird, pictured with Mel Pritchard, is excited to spend time tending the herb garden.*



*Nancy Milner is not afraid to get her hands dirty!*



*The fruits of their labor of love!*



# A Message from Pastor Randy: *“Experiencing Joy”*

Spring is one of my favorite seasons. Spring brings new life and opportunities for laughter and happiness. At Marian Manor, the flowers are blooming and the vegetables are growing. Hats and coats are giving way to shorts, t-shirts, and flip flops. Plus, there is always more time for cookouts, outings to the beach, sitting on the porch, and our prayer walk to the gazebo.

Since most of us may not be able to afford vacations to Hawaii, we must make our own fun and joy. Real joy grows from a deep place in our souls where we meet with God honestly and humbly every day.

Scripture is abundant with reminders about the place that joy should have in our lives:

*“Our mouths were filled with laughter, our tongues with songs of joy. Then it was said among the nations, ‘The Lord has done great things for them.’” Psalm 126:2*

Summer, and every season, is a great time for us to experience the joy that living in Christ brings to us, allowing us to enjoy all that God provides. As you feast on God’s presence and experience God’s joy through the beauty of nature, the sounds of laughter, or recounting a funny story with friends and family, make sure to share the bounty of God’s love with everyone. Our joy is multiplied when we do.

*Keep reflecting the love of Christ ~ Pastor Randy*



*Our Bible study group takes full advantage of our beautiful campus and scenic grounds as they listen to Pastor Randy’s message in the great outdoors.*



# The Poems of Spring

To celebrate the beginning of spring and World Poetry Day (celebrated annually on March 21), our residents showed off their talents as writers. The project resulted in a collection of poems written or submitted by a dozen contributors. Residents who crafted original poetry can also be seen reading their works on our Facebook page!

## Springtime in Virginia

By Elizabeth  
"Betty" Clayton



*Spring is coming  
You can feel it in the air*

*The birds are singing  
And flying everywhere*

## A Spring in My Step

By Ernie Frens and his daughter  
Chris Mathews

*Birds have no words  
but they sing in the spring.*

*Rain is a pain  
but it showers the flowers.*

*The breeze in the trees  
brings new green to the scene.*

*All this gives me pep  
and a SPRING in my step!*



## As the Winter Leaves

By Cathy Loiercio

*The flowers bloom above  
The ground swallows the seeds  
And the growing begins.*

*The rain falls and the flowers  
begin to bloom  
And the trees' leaves turn bright,  
Beautiful colors of spring.*

*Another day passes by and the  
Lord blesses the Earth  
with the raising sun shining  
through the air.  
Amen.*



## The Coordinated Services Management Community Family

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# Marian Manor Receives Virginia Beach Honor

The City of Virginia Beach recently presented Marian Manor Assisted Living with the Meyera Oberndorf Organizational Award for Exemplary Service to Senior Citizens. The award recognizes the Marian Manor team for our dedication to ensuring the residents of Marian Manor and the broader senior community receive the information and support necessary to better their lives.

In a letter from Mayor Bobby Dyer, he explained that our community was recognized because Marian Manor “contributes relentlessly to enhance the lives of not only the residents of Marian Manor, but the lives of the aging population outside of Marian Manor by opening their doors for more than 25 years in support of TRIAD/SALT, the Virginia Beach Police Department, the Virginia Beach Sheriff’s Office Senior Citizen Police Academy, and Senior Prom by providing meeting space, funding, snacks, and social opportunities for older adults.”



*Left to right: Life Enrichment Administrator Desiree Mitchell, Resident Council President Jack Shingleton, and Executive Director Karen Land pose proudly with our latest award.*



Marian Manor is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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