

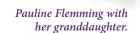
A "Manor" of Speaking

MARIAN MANOR

5345 Marian Lane, Virginia Beach, VA 23462 • marian-manor.com • 757-456-5018



It was a beautiful "evening under the stars" in August as the community celebrated Marian Manor's 34th Anniversary. Residents, guests, and local dignitaries delighted in dancing and music by Glen Boswick and the Sounds of Swing. Dining services prepared delectable seafood, hors d'oeuvres, desserts, and a tasting of Charmed Cherry wine from our resident vintners.



Cooks Nathan and Danny Burkett smile with Ruth Flowe.



Gloria Bell (left) and Kathy Sanzone.

From left: Marian Manor Board
Secretary Sue Bucher; Assistant Director of
Nursing Nerie Tayag; Councilwoman Amelia
Ross Hammond; Life Enrichment Administrator
Desiree Mitchell; U.S. Congresswoman Jen Kiggans;
Executive Director Karen Land; and Business
Manager Surena Hendricks.



Mrs. Katherine Xefteris recently celebrated a momentous occasion: her 100th birthday! Our festivities included some of her favorites—cheesecake and Perry Como music on the back patio. She was honored with a champagne toast from her neighbors and family members. Virginia Beach Mayor.

members. Virginia Beach Mayor Bobby Dyer also dropped by to wish her happy birthday!

Mrs. Xefteris with Mayor Dyer and her children, sons Con and Philip Xefteris, and daughters Maria Jackson and Diane French.





Betty Clayton (in red) and Claire Danner are yet another pair of community members who were connected in years past and reunited at Marian Manor! The friends met in the Gold Stars Wives of America organization, a group created to honor the memory of military spouses and support veterans' families. They are now happy to be neighbors!



Free Library Care of the Boy Scouts

William Faircloth, a Boy Scout from Troop 471 (affiliated with Salem United Methodist Church) built our new "little library" as part of his Eagle Scout project. He also created two new benches for our grounds. Resident volunteers eagerly stocked the library with books for all ages to take and share.



STAR Award Nominee

The annual STAR (Special Thanks And Recognition) Awards were hosted in September by our management group, Coordinated Services

Management. The awards recognize the company's

best and brightest team members at a special luncheon in their honor. Each CSM community nominates one outstanding employee. Marian Manor's 2023 STAR nominee was Licensed Practical Nurse Antonio Branairos. Congratulations, Antonio, on your nomination, and thank you for your exceptional dedication to your residents and fellow team members!



Prost! Food and Fun at Oktoberfest

Every year Marian Manor breaks out the lederhosen and bratwurst to celebrate Oktoberfest. Team members, residents, and guests had a blast enjoying traditional German music and dancing. One of the best parts? The food!

This versatile side dish was a hit at our annual Oktoberfest. Make it for your next get-together!

Ann Lamore (left) enjoys the event with a friend.

FROM THE MARIAN MANOR KITCHEN GERMAN POTATO SALAD

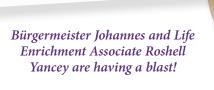
INGREDIENTS

- 3 cups diced potatoes
- 4 slices of bacon
- 1 small onion, diced
- 1/4 cup of white vinegar
- 2 tablespoons of water
- ½ to 1 teaspoon of white sugar (season to taste)
- 1 teaspoon of salt
- 1/8 teaspoon of black pepper
- 1 tablespoon of chopped parsley

PREPARATION

Boil, drain, and cook diced and peeled potatoes. Fry the bacon and then cook the onion in the grease. Add vinegar, sugar, water, salt, and pepper. Bring to a boil. Add potatoes and half the bacon.

When heated through, transfer the potatoes to a serving dish and let cool. Garnish with the remaining bacon and parsley, then serve!



The Coordinated Services Management Community Family

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Upcoming Events

Tuesday Evenings ~ 6:30 pm Line Dancing Terrace Room, \$3 per person for outside guests.

Friday Evenings ~ 5–7 pm

Ballroom Dancing

Terrace Room, \$5 per person for outside guests (partners needed).

Every 3rd Saturday of the Month

TRIAD - S.A.L.T. (Seniors and Law Enforcement Together) Presentation Monthly Meetings in the Terrace Room, 10 am-12 pm

Saturday, December 2 ~ 9-11 am Breakfast Selfies with Santa

Saturday, December 9 ~ 2 pm Honking in the Holidays

Sunday, February 11~ 2-4 pm

Marian Manor's Annual Sweetheart Dance St. Gregory the Great's Gymnasium More details to come!

You're Invited! Mark your calendar with these upcoming opportunities and events. Follow our Facebook page (facebook.com/marianmanorvb) for more details and updates on individual events.



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